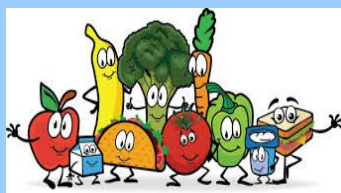


Meet & Eat



NEWSLETTER

August 2021



As we start to return to some form of normality we reflect over the last 18 months and how Meet & Eat has adapted to enable us to carry on serving families in Chesham. As we could no longer provide our usual sessions we instead provided food parcels throughout the school holidays. Our food parcels contain a minimum of two days worth of food and include, fruit, veg, dairy and dry goods. We also ensure many of our families receive a free home cooked meal delivered to their door once a week through the BCTA (Big Community Takeaway). Since the start of the Pandemic we have provided the equivalent of just over 10,000 individual meals to families.

Meet & Eat has been providing a service to families in Chesham since Easter 2018. The URC were keen to provide a safe and fun environment for families trying to manage on a tight budget during the holidays, thus began our Meet & Eat kitchen sponsored by MakeLunch.

This work is only made possible by our many volunteers, generous donations and sponsorship. We would like to thank all our anonymous donators as well as Chesham Town Council, FoodBank, Rotary Club and Tesco for their kind sponsorship and we hope to continue with this invaluable club for the foreseeable future.





“A lot of the families are either “free school meal” families or “just about managing” families and this pandemic has pushed many over that threshold. For these families knowing that support is there is a lifeline. For us as professionals knowing our families are getting this extra support is reassuring”.



Quotes from Parents:

“Any help we can get at the moment is very welcome, everyone is struggling but it is great to know the Meet & Eat team have not forgotten about us”.

“That extra support and contact is lovely”.

“Everyone here is so friendly and not judgmental at all, I can talk about my problems and get support”.

“We're looking orward to the normal sessions starting back up but having these food parcels and being able to have a chat and be somewhat normal every week with people we know is amazing”.